



THE CONTEXT

TAKING CARE is based on the Heart of Philanthropy Retreat offered biennially by California's three regional grantmakers associations in conjunction with the Center for Courage & Renewal.

The Center for Courage & Renewal is an educational non-profit that strengthens individuals, professions, and communities through retreats and programs that help people reconnect who they are with what they do.

Trained facilitators help create a quiet, focused, and disciplined space—a circle of trust—in which the noise within us and around us can subside and we can begin to hear our own inner voice. In large group, small group, and solitary settings, we will explore the intersection of our personal and professional lives, making use of stories from our own journeys, and insights from poets, storytellers, and various wisdom traditions.

NOTE FROM ESTRUS TUCKER, RETREAT FACILITATOR

In our sessions at the TAKING CARE Retreat, we will explore the following questions:

- How do we express our identity and integrity in our work?
- What led us to this work in the first place?
- How can we build and maintain trust in our working relationships and take responsibility for our whole selves in these relationships—courage and fear, light and shadow?
- Where can we find the courage to face the challenges and opportunities this work presents us with?

It is important to ask and answer these deeper questions because the movement of philanthropy arises from the inside out. Philanthropy is heartfelt work and as such is an honest reflection of deeply held values and beliefs that guide our lives and then flow forth into the world.

These questions also are important because, while we all know that good philanthropy involves skill, knowledge, competency, organizational effectiveness, and solid planning, we also know that philanthropy, at its best, involves relationships based on *trust, mutual respect, and integrity*. These relationships—grantor/grantee relationships, board/staff relationships—are at the core of the work. They are the true currency that enables all that we accomplish. In philanthropy, the quality of these relationships depends on our capacity to *invest ourselves* in them. Without wholehearted investment, philanthropy is nothing more than “transactional” business as usual.

SPONSORS

TAKING CARE is sponsored by the Mitchell Kapor Foundation, ABFE, and Bay Area Blacks in Philanthropy. www.mkf.org/takingcare

THE AGENDA (*Subject to adjustments*)

THURSDAY, AUGUST 20, 2009

- 12:30pm **Shuttle pickup at San Francisco International Airport**
2:30pm **Second shuttle pickup at San Francisco International Airport**
Free shuttles for retreat participants will leave from a designated spot at SFO and make one stop at the Daly City BART station as an additional pickup point. Shuttles will bring participants to Cavallo Point Lodge.
- 3:00pm **Room Check-In - Cavallo Point Lodge**
- 4:00pm **Welcome and Introductory Networking - Tidewater Room**
Led by Host Committee
- 6:00pm **Dinner Buffet - Tidewater Room**
Featured Speaker:
Rodney Jackson, President & CEO
National Center for Black Philanthropy, Inc.

FRIDAY, AUGUST 21, 2009

- 7:30am Time of Silence (optional)
Morning Yoga (complimentary for Lodge Guests)
- 8:00am **Breakfast Buffet - Tidewater Room**
- 9:00am **SESSION I: *Seeds of True Self and Vocation* - Tidewater Room**
Led by Estrus Tucker, Retreat Facilitator
- Reflective questions & self-introductions
 - The gifts of being in retreat
 - The disciplines of Circles of Trust
- 12:00pm **Lunch Buffet - Tidewater Room**
- 1:00pm **SESSION II: *Joining Soul and Role* - Tidewater Room**
- Naming and claiming our “Inner Lives”
 - Poetry, storytelling, and renewal
 - Reflection and small group dialogue
- 4:00pm **Free time for onsite recreation**
- Healing Arts Center & Spa (additional cost)
 - Informal hikes around Cavallo Point & Golden Gate National Park
- 6:00pm **Dinner (on your own)**
Tropical Paradise Ghanaian Restaurant, Berkeley, CA
- Meet at Lodge Lobby at 6pm; shuttle will take participants to and from Berkeley.
Or participants can dine at Cavallo Point’s Murray Circle Restaurant or Farley Bar.

SATURDAY, AUGUST 22, 2009

- 7:30am Time of Silence (optional)
- 8:00am Morning Yoga (complimentary for Lodge Guests)
- 8:00am **Breakfast Buffet – Tidewater Room**
- 9:00am **SESSION III: *Polarities & Paradoxes in Philanthropy* – Tidewater Room**
- Identifying & exploring polarities in philanthropy
 - Poetry’s insight to paradox
 - Reflection and small group dialogue
- 12:00pm **Lunch Buffet – Tidewater Room**
- 1:00pm **Featured Speaker: *A Conversation with Dr. Brenda Wade* – Tidewater Room**
“Making Power Choices on Your Journey to Wholeness”
- 2:30pm **Refreshment Break – Terrace**
- 3:00pm **SESSION IV: *The Heart of Philanthropy* – Tidewater Room**
- Implications and applications in our personal and professional lives
 - Letter to self that highlights insight & commitments
 - Closing Circle
- 4:00pm **Free time for onsite recreation**
- Vietnamese Cooking Class (sponsored by Lodge; additional cost)
 - Healing Arts Center & Spa (additional cost)
 - Informal hikes around Cavallo Point & Golden Gate National Park
- 5:45pm **Dinner (on your own) & Entertainment**
- 1300 on Fillmore, San Francisco – Lounge reception with small plate dishes and heavy appetizers
 - Afro Solo Arts Festival Theater Performances, San Francisco – complimentary tickets to one of San Francisco’s longest running black performance arts showcases (www.afrosolo.org)
- Meet at Lodge Lobby at 5:45pm; shuttle will take participants to and from San Francisco.
Or participants can dine at Cavallo Point’s Murray Circle Restaurant or Farley Bar.

SUNDAY, AUGUST 23, 2009

Shuttles will depart for San Francisco International Airport and Daly City BART beginning in the morning and based on the earliest times that participants need to arrive at the airport.

- 8:00am Breakfast Buffet - *Verbena*
Morning Yoga (complimentary for Lodge guests)
- 10:00am Check out – Cavallo Point Lodge
Nature Hike under Golden Gate Bridge (complimentary for Lodge guests)
- Depart at leisure